





It's all about (hormonal) balance

Hormones are involved in a lot of the things that we love about our entire bitches, such as their caring nature and their strength of character.

These hormones naturally fluctuate but if the balance gets thrown off too far, it can cause problems.

Pseudo pregnancies (sometimes called false or phantom pregnancies) can affect un-neutered bitches in response to the normal hormonal fluctuations associated with their season. They usually start after the first or second season and unfortunately, if your dog has a tendency to these, she's likely to suffer season after season with symptoms of increasing severity.

Signs of pseudo pregnancy

- Unsettled behaviour
- Nesting habits (carrying toys, looking for pups)
- Depression

- Change in body shape
- Enlarged teats
- Milk production

Breeding

In addition to the physical changes that take place during pregnancy, your bitch also experiences hormonal fluctuations and providing her with some extra support can be really beneficial. Continue gentle exercise to maintain good body condition, as this will reap benefits when it comes to probably the most daunting part of the process – whelping. Gentle herbal support is a good option too, starting during the pre-breeding period to maintain good fertility and continuing right through to whelping and beyond, to help maintain strength in the uterus and normal hormone balance.









